

Dear Readers,



Greetings!

As we embark on this new academic session, filled with endless opportunities for growth and learning, let us unite in our commitment to fostering a safe, supportive and empowering environment for every child. At the beginning of the month, Carmel hosted several class-wise orientation programmes by every class teacher and insightful webinars facilitated by the esteemed Resource Persons of CACA (Children Against Child Abuse). Parents gained invaluable insights into effective parenting techniques, equipping them with strategies to support their children during exam sessions and beyond, fostering academic success amidst stress. The teaching faculty, administrative staff and support staff received essential training on child protection laws, empowering them to address instances of child abuse effectively. Through this collective effort, we nurture a community where every child feels safe, supported, and empowered to thrive. As we celebrate life in our Carmel community, let us wholeheartedly embrace the theme **“ENTHUSE – EMPOWER – EXCEL.”** Together, let us strive to create a vibrant future for our youth where their potential knows no bounds.

Warm regards,
Parampreet Kour

Embarking on a New Academic Journey.

The new academic session of 2024-25 commenced with a General Assembly on the theme of "**Walking in the Light of the Lord**". The skit presented by Grade 12 students was a thought-provoking reminder of the importance of adhering to school rules and regulations and the holistic education that Carmel provides. It reminded us that a good start is half the battle won and with this positive beginning, we started the academic session and invoked the blessings of the Almighty God on our future endeavours.



Striving towards Skillfulness

Webinars by CACA

A series of webinars were held on child development, safety, and support systems by the Child and Adolescent Counselling Associates (CACA). During the sessions, teachers were introduced to the CACA Safety Workbook Series, parenting techniques, helping children during exams, and staff training on POCSO and JJA. The educational seminars empowered participants with fundamental information and pragmatic approaches to guarantee child security, foster nurturing surroundings, and proficiently handle obstacles. The joint initiatives of CACA and our school seek to promote holistic development and establish a secure, nurturing environment where kids can grow intellectually and psychologically.

AI and Robotics

Carmel arranged a two-day programme for the school's computer teachers on April 2 and 3. The core concepts of robotics and artificial intelligence, including machine learning, neural networks, and robotic systems, were covered in the workshop given by Mr. Bilal Ahmed. It also gave attendees a thorough rundown of the most recent developments in these fields. Through interactive, insightful discussions and collaborative projects, attendees gained practical skills, expanded their knowledge, and fostered meaningful connections within the field.





Empowering Educators

Assessment and Evaluation

On 6th April 2024, a workshop on “Assessment and Evaluation” was organized for the teachers on the school campus. The workshop focused on modern assessment practices by the Founder Director of the Carpe Diem Educational Foundation, Ms. Seema Abrol, wherein teachers gained insights into assessment structures, internal components, and the application of Bloom’s Taxonomy. The workshop empowered teachers with strategies to enhance assessment methods, promoting critical thinking among students.



Cordova Learning

15th April 2024, Cordova Learning conducted an enriching seminar for English teachers, spearheaded by esteemed resource person Mr. Ravish Bahl, focused on empowering educators with versatile teaching methodologies and comprehensive resources provided by the Cordova series. Attendees gained insights into utilizing answer booklets and chapter quizzes to enhance student assessment. The seminar fostered a culture of continuous learning, equipping teachers with practical tools to enrich their teaching practices and nurture students’ learning effectively.

Disaster Risk Reduction

April 29 2024, Drs. Rishma Ganesh and Aruna Majumdar, two resource persons, led an online webinar on teaching Social Studies and Mathematics for grades six through ten. The main topic of discussion was how to incorporate Disaster Risk Reduction (DRR) principles into the Social Studies Curriculum for schools and the role of education in promoting informed citizenship, resilience-building, and community empowerment.

Exploring Beyond the Classroom

Bagh -E- Bhour

The tenth-grade students had the opportunity to visit Bagh e Bhour on April 23, 2024, in honour of Earth Day, as part of their experiential learning plan. The beauty of nature was at its best, with a broad variety of roses, medicinal plants, and a beautiful green lawn. They came across a ground reality of those whose survival depends heavily on Mother Earth.



Domino's

A tour to Domino's was arranged for the 12th-grade Commerce students on April 24, 2024, to provide them with hands-on experience in the company's administration and operations. The visit included a comprehensive tour of the outlet, highlighting various aspects of the business pizza baking processes, marketing strategies, package offerings, revenue generation, workforce management and order logistics.



Botanical Garden – Jammu

The grade 11 Science stream visited the Botanical Garden at Jammu University on April 25, 2024. The garden was not only worth visiting visually, but it also offered educational benefits. The goal of the visit was to broaden one's knowledge of the plant world and biodiversity by introducing visitors to numerous global plant species, including rare and endangered ones, representing various biomes and ecosystems.



Echoes of Heritage: Celebrating Our Roots

Under the theme **"Discover and experience diversity,"** Carmel commemorated World Heritage Day on April 22, 2024, in the august presence of Chief Guest SP Kameshwar Puri. The celebration included several events like an art-integrated exhibition, a debate competition on secularism, a screening of the film "LAGAAN," a competition to make bulletin boards for classes and houses, a competition to make Rangolis with the theme "Unity in diversity," and an Indian food festival led by students dressed in traditional clothing. Young Carmelites participated in various curricular and co-curricular activities such as prayer dances, folk dances and the Mime Act on "Incredible India" with great zeal.



Class Activities of the Day



Sustainable Development: Towards a Better Future

On Earth Day, the children showcased a cultural show based on the theme '**Plastic Vs Planet**', which included stimulating skit, songs and speeches. Before the day, class 11 held special assemblies based on the theme and educated the students regarding the importance of saving the Earth.



15 April 2024, The National Museum of Natural History (NMNH) organized a **Slogan Writing** contest for grades VI through VIII at Carmel Convent School in Jammu, with the theme "**Planet vs. Plastic**". These catchphrases highlighted environmental concerns and provided a targeted strategy for a particular pollutant, "Plastic." This activity also aimed to make the communities safeguard our planet's health for future generations.

Handwriting Competition

On April 23, 2024, Carmel enthusiastically organized a Handwriting Competition for children in classes UKG to 2, emphasizing the value of clear and legible writing and inspiring pupils to improve their handwriting skills. Pupils displayed their handwriting styles, letter formation, neatness, line quality, and cursive joining. We applaud every participant for their hard work and commitment.



Poetry Recitation Competition



24th April 2024, a poetry recitation competition was held for grade 3 on the topic "My Mother – My World". Twenty students selected to move on to the second round performed confidently in the presence of our School Principal and won rewards.

Academic Excellence Award

A memorable celebration was held at Carmel on April 18, 2024, in the presence of School Manager Fr. Justin, to honour Fr. Varkey, the Golden Jubilarian and approximately 200 students who had received scores of 90% and above in academics and other domains.



Talk Show on 'Nutrition and Adolescent Health'

On April 12, 2024, a Talk titled "Nutrition and Adolescent Health" intended to promote knowledge about health and nutrition was scheduled for students in grades 9 through 12. Resource Person Dr. Parul Vaid, an MS Obstetrician and Gynaecologist, gave a thorough explanation of the current concerns regarding teenage menstruation disorders, PCOD, and other issues.



Active Classrooms...Happier Times!!!



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