

**Dear Readers,**

## **Greetings!**



As we navigate this academic year, remember that leadership isn't just about titles; it's about making a positive impact. As we settle into September, I want to take a moment to reflect on our vibrant community and all the exciting things happening at our school. This month has been bustling with activities! From our successful teachers' day program to the inspiring efforts of our clubs and societies. It's heartening to see so many

students engaging and showcasing their talents. Our dedicated teachers inspire us every day, and their commitment to our growth is truly commendable. The collaborative spirit among students, whether in the classroom or on the field, exemplifies the unity and passion that make our school special.

Remember, actions speak louder than words. Whether in academics, sports, or everyday interactions, let's strive to set positive examples for one another. Small acts of kindness can have a profound impact on our community. Being a leader means being a good listener and a supportive friend. Let's all strive to lift each other, share our ideas, and create a welcoming atmosphere. Remember, every small act of kindness counts! Thank you for making our school a wonderful place to learn and grow. Let's continue to support each other as we journey through this school year together. I'm excited about what lies ahead and can't wait to see all the amazing things we will accomplish together. Thank you all for your enthusiasm and hard work. Let's keep the momentum going and make the rest of this year unforgettable. Stay curious and engaged! Happy reading.

Subhaika Charak  
School Pupil Leader



# Celebrating the Guiding Lights of Education



BELIEF ENHANCES LIFE



## Empowering Young Minds: The Pratham Course for Girl Guides

On September 9–10, 2024, the Girl Guides conducted the Pratham course to enhance members' leadership skills, personal development, and community involvement. Mr. K.L. Sharma taught vital outdoor skills, such as survival and first aid, while Mr. Haroon Malik talked about leadership traits during two days of hands-on training that empowered the young guides. Along with strengthening their sense of belonging and teamwork, participants developed their leadership skills and learned more about the guiding principles.



## Exploring Cultures, Embracing Diversity: World Tourism Day



Carmel Convent School celebrated World Tourism Day 2024 with the theme "Tourism and Peace." Students from grades 5 to 8 participated in a lively cultural program featuring international dances and a prayer service. The event included a trip to Central University in Bagla Suchani, Jammu, a canvas painting competition, and a friendly cricket match.

## Building Bridges to Knowledge: International Literacy Day

In alignment with this year's theme, "Literacy for a World in Transition," an essay writing competition was held on September 10th, International Literacy Day. Students across various grades got engaged with this theme. Grades 11 and 12 explored "The Role of Libraries in Promoting Literacy," while grades 9 and 10 discussed how libraries support academic and personal growth in Hindi. Additionally, grades 7 and 8 expressed their feelings for their country and educators through the themes "Mera Watan" and "Mere Ustaad" in Urdu. This initiative fostered a deeper appreciation of literacy.



# Foundations of Learning: Preprimary Showcase

We held a Pre-Primary Demonstration for parents on September 20 and 25, 2024, to help them better understand their children's educational journeys. This occasion demonstrated our dedication to creating a caring and encouraging atmosphere. Through many activities, students showcased their abilities, demonstrating our commitment to inclusive practices. The positive feedback from parents highlighted how effective Carmel's teaching methods are and how they align with the school's mission to promote children's development.



**BELIEF ENHANCES LIFE**



# Team Retreat

September 27, 2024, was a day to remember! Our staff picnic at Wonderland, Jalandhar, was an exhilarating escape from routine. Laughter, stories, and bonding filled the air as colleagues connected on a personal level. Capturing memories through photos and shared experiences strengthened our team spirit. Relaxation and rejuvenation reigned supreme, leaving us refreshed and grateful. A huge thank you to everyone who made this day unforgettable!





## Peace Day Celebration and Prize Distribution Ceremony

On October 4, 2024, the Peace Club, in collaboration with the Shakti Squad, celebrated Peace Day, Gandhi Jayanti, and the birth anniversary of Mother Veronica. The event was honoured by the presence of Father Dominic and Brigadier S.S. Saini. The program included a prayer service, a mime act promoting peace, a dance on Mahatma Gandhi's teachings and a choir performance dedicated to Mother Veronica. Additionally, the ceremony featured a prize distribution to recognize students' excellence in extracurricular activities. The distinguished guests inspired everyone to contribute toward promoting peace.



## Health and Wellness

On October 10, 2024, the Health and Wellness Club organized a special assembly for students in Classes 1 to 4, focusing on the theme 'Health and Hygiene'. The assembly aimed to raise awareness about the importance of both physical and mental health. Key topics discussed included physical well-being and mental wellness. It was emphasized that promoting good hygiene and health practices is essential for preventing illnesses and improving overall quality of life. The students learned the importance of adopting healthy habits to contribute to a healthier and happier community.

# Annual Day Extravaganza

On 17th October 2024, Carmel Convent School proudly hosted its Annual Day celebration on the theme, "Peace through Creation." The occasion was graced by the distinguished presence of Chief Guest Bishop Ivan Pereira, the Bishop of the Jammu-Srinagar Diocese, and Guest of Honour SSP Joginder Singh, along with other esteemed dignitaries. Pre-Primary through Class VI delivered an impressive array of performances, showcasing vibrant dances, engaging skits, and a Taekwondo display, all emphasizing the vital importance of nature and environmental conservation. A particularly noteworthy event was a creative skit that illustrated the wonders of creation, beautifully conveying the message that peace can be attained through a commitment to caring for our environment. The event left the audience inspired by the remarkable talent of the students and the school's unwavering dedication to promoting harmony through education and ecological awareness.





# A Spectacle of Art, Culture, and Empowerment

On 19th October 2024, Carmel Convent School held its grand Annual Day celebration at the prestigious General Zorawar Singh Auditorium (GZSA), Jammu University embracing the powerful theme "Arise, Awake, and Realize the Power You Hold." This event brought together the talent and spirit of students from classes 7 to 12, who performed an array of vibrant and culturally rich performances, leaving the audience in awe. The highlight was the play "Tathagat," depicting the life of Buddha, accompanied by classical dances choreographed by renowned Bharatanatyam expert Rahul Gupta from Dubai. Chief Guest Shri Shiv Kumar Sharma, Deputy Inspector General of Police, and other dignitaries praised the school's commitment to holistic development through arts and culture. The event celebrated artistic expression and self-empowerment, encouraging everyone to recognize their inner strength and potential, making it a day of inspiration and unity.





# Empowering Teachers and Students Alike

On 21st October 2024, Niti Gandotra and Sharanjeet Kour participated in a comprehensive English language seminar to enhance participants' understanding of essential grammar concepts and improve their communication skills. The seminar focused on the theoretical and practical aspects of the English language, offering in-depth sessions on tense usage, sentence structure, pronunciation, and vocabulary development. Participants engaged in interactive activities such as group discussions, language games, and practice exercises designed to foster confidence in public speaking and written communication. The seminar also equipped teachers with strategies to effectively teach English as a second language in a classroom setting, ensuring they are better prepared to facilitate language learning in diverse environments.

## Until We Meet Again: A Farewell to Remember



On 25th October Carmel Convent School gathered to honour Mrs. Jyoti as we bid farewell after 27 and a half years of dedicated service. The ceremony was a heartfelt reflection of the significant impact she has had on both students and colleagues. The gathering began with a prayer service, followed by moving tributes from students and faculty who shared fond memories of her inspiring lessons and passionate approach to education. Mrs. Jyoti's emotional farewell speech left a lasting impression on everyone present as she expressed her gratitude and reflected on the strong bonds she had formed over the years. Her legacy will continue to inspire our community for many years to come.





## A Festival of Light and Joy

The Red House celebrated a vibrant Diwali on October 25th at Carmel Convent School. The event opened with a prayer service and dance, followed by a touching skit, an inspiring speech, and a captivating choir performance, immersing everyone in the spirit of Diwali.

The students engaged in activities like ribbon crafts, toran and lantern making, eco-friendly rangoli and festive board decorations, fostering teamwork and creativity. Principal Sr. Maria Swati was presented with a Diwali gift, adding warmth to the event. Mrs. Suman Sharma's vote of appreciation brought the celebration to a close, leaving everyone with priceless memories of this joyous festival of lights.

