

SYLLABUS FOR 2023-24

Class:-VIII

CLASS	VIII	BOOK	TREASURES
SUBJECT	ENGLISH	PUBLISHER	NCERT

TERM-1

MONTH	LESSON/ CHAPTER	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	1.	Apologize	4 periods	5 marks
	2.	A journey through desert.	4 periods	5 marks
	3.	Abraham Lincoln	4 periods	5 marks
May	4.	They ask me why I teach.	6 periods	10 marks
	5.	The day when Beni Pishi lost her voice.	6 periods	10 marks
July	7.	Jamaican fragment.	4 periods	8 marks
	8.	The boy who broke the Bank.	4 periods	10 marks
August	9.	Poem : When I am an old lady.	5 periods	10 marks
September	10.	Poem : If	4 periods	
	11.	It could not be done.	4 periods	
	12.	Christopher Columbus.	4 periods	

TERM-2

Month	LESSON// Chapter	TOPIC/SUB TOPIC	PERIODS	WEIGHTAGE
November	13.	Limits of knowledge.	4 periods	15 marks
December	14.	Nine gold medals.	4 periods	10 marks
January	16.	I have a dream	4 periods	15 marks
	17.	A good deed comes around.	4 periods	8 marks
February	18.	The Narayan pur incident.	4 periods	10 marks
March		Term - II		

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CLASS	VIII	BOOK	TEXTBOOK OF MATHEMATICS
SUBJECT	MATHEMETICS	PUBLISHER	NCERT

TERM-1

Month	LESSON/ CHAPTER	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
APRIL	1- Rational Numbers	Properties of Rational Numbers	10	10
	2- Linear Equations	Equations and their applications	10	10
MAY	15-Introduction to Graphs	Bar graph, pie chart	10	10
	9- Algebraic Expression and identities	Algebra and its identities	12	10
JULY	6- Square and Square roots	Square Numbers	8	10
	7- Cube and Cube roots	Cube Numbers	7	10
AUGUST	5- Data Handling	Pictograph, Bar graph, Pie chart	10	10
SEPTEMBER	10- Visualising Solid Shapes	2D and 3D Shapes	10	10

TERM-2

MONTH	LESSON / CHAPTER	TOPIC/SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
OCTOBER	11- Mensuration	Perimeter and Area of Polygons	15	10
	3-Understanding Quadrilateral	Quadrilateral, and different Polygons	10	10
NOVEMBER	13- Direct and Inverse Proportion	Unitary method, Indirect method	7	10
	4- Practical Geometry	Construction	15	10
DECEMBER	12- Exponents and Powers	Laws of exponents, Scientific notation	12	10
	14- Factorisation	Addition and Subtraction of	12	10
JANUARY	8- Comparing Quantities	Compound interest, profit and loss, Ratio&Proportion	15	10
FEBRUARY	16- Playing with Numbers	Numbers	5	10

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Class:-VIII

CLASS	VIII	BOOKS	VASANT BAGH - 2
SUBJECT	HINDI	PUBLISHER	NCERT

TERM-1

MONTH	CHAPTER'S NAME	TOPIC / SUB TOPIC	GRAMMAR	NO. OF PERIODS	WEIGHTAGE
अप्रैल	ध्वनि (कविता) दीवानों की हस्ती (कविता)	<u>भाग</u> - पद्य <u>विधा</u> - कविता <u>सारांश</u> - कविनई पीढ़ी को जागरूक करना चाहते हैं ।	अपठित गद्यांश अपठित काव्यांश पठित गद्यांश	20 PERIODS	15 Marks
मई	चिट्ठियों की अनूठी दुनिया (निबंध)	<u>भाग</u> - गद्य <u>विधा</u> - निबंध <u>सारांश</u> - संवादमाध्यमों की विकास यात्रा का रोचक विवरण है ।	उपसर्ग और प्रत्यय संज्ञा मुहावरे विराम चिह्न	15 PERIODS	10 Marks
जून	बस की यात्रा (व्यंग्य)	<u>भाग</u> - गद्य <u>विधा</u> - व्यंग्य <u>सारांश</u> - यातायात की दुर्व्यवस्थाओं पर व्यंग्य करती है ।	अनुच्छेद लेखन	6 PERIODS	8 Marks
अगस्त	लाख की चूड़ियाँ (कहानी) क्या निराश हुआ जाए (निबंध)	<u>भाग</u> - गद्य <u>विधा</u> - कहानी <u>सारांश</u> - शहरीकरण - औद्योगिकरण विकास से ग्रामोद्योगों के उजड़ने की पीड़ा को चित्रित करती है ।	पत्र लेखन सूचना लेखन संदेश लेखन संधि एवं संधि विच्छेद निमंत्रण पत्र	12 PERIODS	10 Marks
सितंबर	भगवान के डाकिये (कविता) कबीर की साखियाँ	<u>भाग</u> - पद्य <u>विधा</u> - कविता <u>सारांश</u> - विश्वबंधुत्व की भावना ।	क्रिया और उसके भेद वाक्य सर्वनाम ई - मेल निबंध लेखन	12 PERIODS	5 Marks

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TERM-2

MONTH	CHAPTER'S NAME	TOPIC / SUB TOPIC	GRAMMAR	NO. OF PERIODS	WEIGHTAGE
अक्टूबर	जब सिनेमा ने बोलना सीखा जहाँ पहिया है	<u>भाग</u> - गद्य <u>विधा</u> - आलेख <u>सारांश</u> - सिनेमा के इतिहास के एक पड़ावको उजागर किया गया है ।	विलोम शब्द संवाद लेखन	15 PERIODS	10 Marks
नवंबर	अकबरी लोटा पानी की कहानी	<u>भाग</u> - गद्य <u>विधा</u> - कहानी <u>सारांश</u> - अपने स्वार्थ के लिए दूसरों को मूर्ख नहीं बनाना चाहिए	वर्ण विचार पदबंध	15 PERIODS	7 Marks
दिसंबर	कामचोर (कहानी) सुदामा चरित्र (कविता) बाज और साँप (कहानी)	<u>भाग</u> - गद्य <u>विधा</u> - कहानी <u>सारांश</u> - समय पर और सही तरीके से काम करना ।	विज्ञापन लेखन अलंकार चित्र वर्णन	24 PERIODS	7 Marks
जनवरी	सूर के पद (कविता) टोपी (कहानी)	<u>भाग</u> - पद्य <u>विधा</u> - कहानी <u>सारांश</u> - पदों में - वात्सल्य	विशेषण समास	20 PERIODS	5 Marks
फरवरी	यह सबसे कठिन समय नहीं (कविता)	<u>भाग</u> - पद्य <u>विधा</u> - कविता <u>सारांश</u> - निराशन होकर अपने लक्ष्य की ओर बढ़ना है ।	वाच्य	10 PERIODS	3 Marks

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Class:-VIII

CLASS	VIII	BOOK	SCIENCE
SUBJECT	SCIENCE	PUBLISHER	NCERT

TERM-1

MONTH	CHAPTER	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	1. Crop Production and Management.	Agricultural Practices Methods of Irrigation Food from Animals	10	9
	7. Conservation of Plants and Animals.	Deforestation : causes and consequences Conservation of forest Recycling of paper	5	9
May	16. Light	Laws of reflection Kaleidoscope Human eye Braille system	10	9
	8. Cell Structure and Function	The cell : Structure and function Comparison of plants and animals	10	8
July	11. Force and Pressure	Types and effects of forces Pressure exerted by liquids and gases	10	9
August	5. Coal and Petroleum.	Story of coal and petroleum	7	9
	9 Reproduction in Animals.	Modes of reproduction	7	9
	14. Chemical Effects of Electric Current.	Conduction in liquids Electroplating	7	9
September	12. Friction	Factors affecting friction Fluid friction	7	9
	18. Pollution of air and water	Air pollution Green house effect Water pollution	7	9

TERM-2

Month	CHAPTER	TOPIC/SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
October	4. Materials : Metals and Non Metals	Physical and chemical properties of metals and non metals	10	8
November	13. Sound	Sound produced by humans Noise pollution	10	9
	15. Some Natural Phenomenon	Lightning Earthquake causes and protection	10	9

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December	2. Microorganisms: Friends and Foe	Uses and harms of microorganism Nitrogen Cycle	10	9
	3. Synthetics fibres and plastics	Types and Characteristics of Synthetic Fibres. Plastic and Environment.	10	9
January	6. Combustion and flame	Types of Combustion. Structure of flame. Fuel Efficiency	10	9
	10. Reaching the age of Adolescence	Adolescence and Puberty. Say no to drugs.	10	9
February	17. Stars and solar system	Members of Solar System.	10	9

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CLASS	VIII	BOOK	HISTORY:OURPASTS-III CIVICS: SOCIAL AND POLITICAL LIFE II GEOGRAPHY:RESOURCE AND DEVELOPMENT HISTORY:
SUBJECT	SOCIAL STUDIES	PUBLISHER	NCERT

TERM-1

MONTH	LESSON/ CHAPTER	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	1.	How , when and where .(History)	5 periods	7 marks
	4.	Agriculture (Geography)	4 periods	8 marks
	1.	The Indian constitution (Pol.Science)	5 periods	8 marks
	2.	From trade to territory (History)	4 periods	7 marks
May	4.	Trials, dikus and the vision of a golden age (History (5 periods	5 marks
	6.	Weavers , iron smelters and factory owners.(History)	6 periods	6 marks
	5.	Industries (Geography)	4 periods	8 marks
	7.	Understanding marginalization(pol.science)	6 periods	6 marks
July	2.	Understanding secularism (pol.science)	5 periods)	6 marks
August	5	When people rebel 1857 and after (History)	6 periods	5 marks
	4.	Understanding laws(pol science)	6 periods	5 marks
September	1.	Resources (Geography)	5 periods	5 marks
	3.	Why do we need a parliament (pol. Science)	5 periods	4 marks

TERM-2

Month	LESSON/ CHAPTER	TOPIC/SUB TOPIC	PERIODS	WEIGHTAGE
October		Revision		
November	3.	Ruling the country side (History)	5 periods	3 marks
	8.	Confronting marginalization(pol.science)	6 periods	3 marks
	8.	Women caste and reform (History)	4 periods	7 parks
	5.	Judiciary (pol. Science)	5 periods	7 marks

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December	3.	Minerals and power resources (Geography)	6 periods	8 marks
	6.	Understanding our criminal system(pol science)	8 periods	7 marks
	9.	Public facilities (pol.science)	7 periods	6 marks
January	7.	Civilizing the native , Educating the Nation (History)	6 periods	7 marks
	2.	Land , soil , water , Natural Vegetation and wild life (Geography)	7 periods	6 marks
	6.	Human resources (Geography)	6 periods	6 marks
	10.	Law and Social justice (pol. Science)	4 periods	7 marks
February	9.	The making of National Movements(History)	6 periods	7 marks
	10.	India after independence (History)	6 periods	5 marks
March		Term -II		
Note :		Concept map, flow chart , mind map and map skills are compulsory.		

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CLASS	VIII	BOOK	Knowledge Quest
SUBJECT	G.K.	PUBLISHER	Aditya Nath Mubayi

TERM-1

CHAPTER	LESSON	Theme
1	Pocketful of Sunshine.	Nature
2	Born to wild	Science and Technology
3	Wild wild wheels.	World
4	Write Now,Write Here!	Language and literature
5	Instant doodles.	Awareness
6	Larger than life.	Our Heritage
7	All A – Board.	Activities
8	Name the game.	Creativity
9	Thrill Bill.	Mixed bag
10	Opus Potus.	Fun challenges
11	Tsar Tsar Blinks	Revolution
12	Import Export .	Colonial powers
13	Trail Blazers.	Today's Nation
14	Network Network.	World wide web
15	Public Domain	Compaings
16	Proto Types	Important names.
17	Think Tank	Body's command centre
18	Elementary, My Dear	Metals and non metals
19	State of Affairs	Cricket world
20	Built to last	Planets
21	Full hand	Handicrafts
22	Country classics	Movies
23	Platter chatter	Crossword
24	Fame Game	Games
25	Logo motion	Advertisements

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26	National treasures	Economy
27	Display pictures	Museums
28	Poach coach	Cooking
29	Master Chefs	Cooking methods
30	Imagine Dragons	Artily
31	Happy Days are here!	Celebrate happiness
32	Move it ! Move it.	Folk dances
33	Vector Spectre	Deadly diseases
34	Frost Byte	Environmental degradation
35	Shark Enterprises	Sea life
36	Words of wonder	English
37	Reel classics	Stories
38	Mind your language	Vernacular languages
39	Silver sprints	Sportsmanship
40	Throne to games	Olympic games

TERM-2

CHAPTER	LESSON	Theme
41	Mars attacks	Self defence
42	Battle scars	After World War
43	Talk like an Egyptian	Legends
44	Rise of the machines	Urban and industrialisation
45	Power play	Electricity
46	Fundamental bytes	Computers
47	Future Forward	Fascinating Technologies
48	Plug and play	Community market
49	Desi Dreamers	Path breaking Indians
50	Toast of the coast	Ayurveda
51	Iconic India	Nationalism
52	Global Gobble	Globalisation

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53	Harbour city	Old treasures
54	Namaste Thailand	Beauty of Thailand
55	Absolutely Me	Autocrat
56	Parallel thinkers	Logic and reasoning
57	Break the code	Aptitude
58	Flower Power	Nature
59	Angry birds	Birds
60	Feathered friends	Birds world
61	Spit fire	Volcanoes
62	For better or verse	Language
63	Chit chat	Jumbling of words
64	Jingo jingle	National Anthem
65	Write wingers	Literature
66	Rings of glory	Sport sponsorship
67	Net flicks	Games
68	Making a racquet	Rules of the game
69	Medal Tally	Olympics
70	She's all that	Great Females
71	Flair Deccan	Middle Aged politics
72	Cosmos cruise	Explore the world
73	Indian Navy	Men in white
74	Globe masters	World War II
75	Vintage vikings	Every culture has its own legends , heroes, and Gods .
76	Norse code	World quest
77	Number Maze	Numbers

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78	Pachyderm Problem	Algebra
79	Things that Go Vroom	Fascinating humans.
80	Melody Medley	Symphonies go Sonatas

CLASS	VIII	BOOK	CYBER QUEST – 8
SUBJECT	COMPUTER	PUBLISHER	KIPS

TERM-1

MONTH	CHAPTER	LESSON NAME	SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	1	Networking Concepts	Networking	6	8
			Advantages of Networking		
			Disadvantages of Networking		
			Networking Components		
			Wireless Networking		
			Types of Networks		
			Network Architecture		
			Network Topologies		
			Accessing a File from a Shared Drive		
			Network Security		
May	2	Log On To Access	Database	7	8
			DBMS		
			Microsoft Access		
			Components of Microsoft Access 2019		
			Creating a Database		
			Views of a Table		
			Closing Access Application		

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			Opening an Existing Database		
July	3	Working with Tables	Adding a Table	6	8
			Rule for Naming a Field		
			Data Types		
			Setting Data Type for a Field		
			Field Properties		
			Editing Tables in MS Access		
			Sorting Data within a Table		
			Filtering in a Datasheet		
			Searching in a Database		
August	4	Working with Queries, Forms and Reports	Query	7	8
			Creating a Query		
			Forms		
			Reports		
			Creating a Chart		
September	5	Iterative Statements in Python	Basic concepts of Python	6	8
			Conditional Statements		
			Concept of Loops		
			Iterative Statements		
			For loop		
			While loop		
			Infinite loop		
			Loopelse		
September		Revision			

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TERM-2

MONTH	CHAPTE R	LESSON NAME	SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
October	6	Links and Frames in HTML 5	Linking Web Pages	5	8
			The Anchor <A> Tag		
			CSS and Links		
			Images as Links		
			Audio and Video		
			Frames		
November	7	Introduction to PHP	PHP	6	8
			Advantages of PHP		
			Installing Text Editor and Web Server		
			Opening Notepad++		
			Basic Syntax of PHP		
			Writing PHP Code in Notepad++		
			Saving and Executing PHP Code		
			PHP Keywords		
			PHP Identifiers		
			Literals		
			Variables		
			Operators in PHP		
			Get and Post Methods		
			Programs in PHP		
December	8	Connecting Web App to Database	Database	5	8
			Database Management System		
			Types of DBMS		
			MySQL		
			Login to MySQL Server		

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			Creating a Table in the Database		
			Creating a Connection		
January	9	Cyber Ethics	Computing Ethics	6	8
			Unethical Practices		
			Safety Measures while using Computers and the Internet		
			Digital footprints		
February	10	Introduction to Robotics	Robots	5	8
			Robots vs Automatic Machines		
			History of Robots		
			Components of Robots		
			Types of Robots		
			Classification of Robots		
			Some Famous Indian Robots		
			Introduction to Robotics		
			Robotics and Artificial Intelligence		
February		Revision			

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CLASS	VIII	BOOK	MY FIRST SAFETY WORKBOOK-
SUBJECT	VALUE EDUCATION	PUBLISHER	PROJECT CACA

TERM-1

CHAPTER	LESSON	TOPIC / SUB TOPIC
1	Say Hello	Mental Health/ Adolescence Issues.
2	Getting to know yourself	Self awareness/ self esteem.
3	Armpit gets angry	Emotional intelligence/ Quotient : Anger Management.
4	Vasudhaiva Kutumbakam	Ethics/ Critical thinking.
5	Human body is like a machine .	Self awareness/Personal boundaries.
6	All about communication.	Effective communication/Being confident.
7	Laws and Child rights.	Child rights / Rights and laws.
8	A message from the father of the Nation.	Child rights / Critical thinking.
9	999,999vs999.	Empathy/ Utilitarian Peinciple.
10	An open letter.	Critical Thinking/ Child rights.
11	Chandala the surgeon.	Empathy / Dignity of work.
12	US vs Them	Ethics / Critical thinking.
13	Why love one and eat the other.	Moral values/ Ethics.
14	Fingers vs thumbs	Empathy / Ethics.
15	Be careful with strangers.	Personal safety / Cyber safety.

TERM-2

CHAPTER	LESSON	TOPIC/SUB TOPIC
16	Footprints without feet.	Cyber safety /Strangers.
17	It's ok to be scared.	Emotional intelligence/ Be scared.
18	When to share a secret.	Personal safety / Secrets.
19	In touch with my feelings.	Mental Health/ Wellbeing.
20	A room full of mirrors.	Being alert / safety.
21	A trip to remember.	Safety / Helplines.
22	The curse of bullying.	Bulletin/ Cyber bullying.
23	Boys don't cry ,Oh ! Really.	Gender Equality/ Equity / Parity.
24	Have you ever used a	Health and Hygiene / Menstrual Hygiene.

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	diaper.	
25	Arpit helps Nancy.	Interpersonal relationships / Friends.
26	Friends and special friends.	Friendship/ Family.
27	7 – step safety rule.	Personal safety/ Hugs ,Touches.
28	Change begins with me.	Being Responsible/ Responsibility.
29	Armageddon	Health/ Germs,Diseases, Medicines
30	The world of medicines.	Medicines / Substance Abuse.
31	All about fire extinguisher.	Emergency/ Warnings.

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CLASS	VIII	BOOK	Logic and Beyond
SUBJECT	LOGIC	PUBLISHER	Learning Hill.

TERM-1

CHAPTER	LESSON	TOPIC / SUB TOPIC
1.	Analogy	Verbal aptitude
2.	Classification	Verbal aptitude
3.	Ranking	Verbal aptitude
4.	Coding Decoding	Verbal aptitude
5.	Blood relations	Verbal aptitude
6.	Logical Venn diagram	Verbal aptitude
7.	Analogy	Non verbal aptitude.
8.	Patterns	Non verbal aptitude.
9.	Classification	Non verbal aptitude.
10.	Embedded figures	Non verbal aptitude
11.	Mirror Images	Non verbal aptitude
12.	Water images	Non verbal aptitude

TERM-2

CHAPTER	LESSON	TOPIC/SUB TOPIC
13.	Paper cutting and folding.	Non verbal aptitude.
14.	Puzzle test	Non verbal aptitude.
15.	Number .	QuantativeAptitude.
16.	Series.	Quantative Aptitude..
17.	Simple Mathematical operations	Quantitative aptitude
18.	Age	Quantitative Apritude
19.	BODMAS	Quantitative Aptitude
20.	Direction sense.	Quantitative Aptitude
21.	Analytical reasoning.	Quantitative Aptitude.
22.	Cubes and Dice.	Quantitative Aptitude
23.	Data analysis and line graph.	Quantitative Aptitude

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CLASS	VIII		
SUBJECT	MUSIC		

TERM-1

MONTH	TOPIC	NO. OF PERIODS	WEIGHTAGE
April	WESTERN MUSIC THEORY	8	10
	1 STAFF, NOTES & PITCH		
	2 TREBLE CLEFF		
	3 BASS CLEFF		
	4 LEDGER LINE		
	SONGS		
	: 1 EARTH DAY SONG 2 WORLD HERITAGE		
May	WESTERN MUSIC THEORY	8	10
	1 NOTE VALUE		
	2 MEASURE BARLINE & DOUBLE BAR		
	3 TIME SIGNATURE AND NOTE VALUE		
	4 WHOLE, HALF AND QUARTER REST		
	SONGS		
	1 LABOUR DAY SONG		
	2 MOTHERS DAY SONG		
	3 ENVIRONMENT DAY SONG		
July	WESTERN MUSIC THEORY	8	10
	1 DOTTED HALF NOTE		
	2 TIES AND SLURS		
	3 REPEAT SIGN 1 & 2 ENDING		
	4 EIGHTH NOTE		
	SONGS		
	1 PATRIOTIC SONG		

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	2 DEVOTIONAL SONG		
August	WESTERN MUSIC THEORY	8	10
	1 EIGHTH REST		
	2 DOTTED QUARTER NOTE		
	3 DYNAMIS SIGNS		
	4 TEMPO MARKS		
	SONGS		
	1 PATRIOTIC SONG		
	2 FESTIVAL SONG		
September	WESTERN MUSIC THEORY	8	10
	1 ARTICULATION		
	2 FLATS		
	3 SHARPS		
	4 NATURALS		
	SONGS		
	1 FOLK SONG		
	2 DEVOTIONAL SONG		

TERM-2

MONTH	SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
October	SONGS	8	10
	1 WE CAN ACHIEVE		
	2 MAKE ME AN INSTRUMENT		
	3 YOU ARE MY ALL IN ALL		
	4 MOTHER VERONICA SONG		
November	INDIAN MUSIC THEORY	8	10
	1 PART AND STRUCTURE OF HARMONIUM		
	2 PART AND STRUCTURE OF SITAR		
	SONGS		
	1 FESTIVAL SONG		

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	2 MUSICIAN DAY SONG		
December	INDIAN MUSIC THEORY	8	10
	1 INTRODUCTION AND SYSTEM OF MUSIC		
	2 NAAD & SHRUTI		
	3 SAPTAK & SWAR		
	4 VARAN & ALANKAR		
	SONGS		
	1 CHRISTMAS CAROLS		
	2 AIDS DAY SONG		
January	INDIAN MUSIC THEORY	8	10
	1 CONCEPTS OF RAAG & DEFINITIONS		
	2 THAAT & RAAG		
	3 JAATI & PAKAD		
	4 VADI, SAMVADI ANUVADI & VIVADI SWARS		
	5 SAMAY		
	SONGS		
	1 PATRIOTIC SONG		
	2 MARTYRS DAY SONG		
February	INDIAN MUSIC THEORY	8	10
	1 TAALS		
	2 TEEN TAAL		
	3 KEHRWA TAAL		
	4 DADRA TAAL		

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Class:-VIII

CLASS	VIII	BOOK	Gulzaar-E-Urdu(4)
SUBJECT	URDU	PUBLISHER	AARSH BOOKS

TERM-1

نمبر شمار	مہینے	سبق نمید اور سبق کا نام	اُدوار کی تعداد	وزن
۱۔	اپریل	خُدا کی تعریف۔ لڑکے کی سچائی۔	۸	۱۰
۲۔	مئی	جب میں پڑھتا تھا۔ سردی آئی۔	۸	۱۰
۳۔	اگست	انصاف۔ بوڈھا کیوٹر۔	۸	۱۰
۴۔	ستمبر	وقتِ سحر۔ درخت کی گوائی۔	۸	۱۰

TERM-2

نمبر شمار	مہینے	سبق نمید اور سبق کا نام	اُدوار کی تعداد	وزن
۶۔	اکتوبر	ہمارا وطن۔ غرور مت کیجیے۔	۸	۱۰
۷۔	نومبر	اسد الہ خان غالب۔ آزادی کی یاد۔	۸	۱۰
۸۔	دسمبر	ڈاکٹر زاکر حسین۔ صفائی اور صحت۔	۸	۱۰
۹۔	جنوری	ہمدردی۔	۶	۵
۱۰۔	فروری	خطوط اور درخواست۔	۶	۵

SYLLABUS FOR 2023-24

Class:-VIII

CLASS	VIII
SUBJECT	GAMES

TERM - 1

MONTH	TOPIC	SUB TOPIC	NO. OF PERIOD	WEIGHTAGE
April	Mass pt exercise and warn up exercise. Olympic And Athletic	Free hand exercise , standing exercise and setting exercise . History of OLYMPIC and classification of track and field event.	05 15	15
May	Mass pt exercise and warn up exercise. Components of physical fitness . Game : kho kho and kabaddi	Free hand exercise , standing exercise and sitting exercise. Explain physical fitness and its component i.e strength , speed , endurance , flexibility and co-ordination History , rules, specification of playfield , basic equipments and fundamental skill of kho kho and kabaddi.	05 05 10	05 05
July-August	Mass pt exercise and warn up exercise Yoga exercise. Game : football and volleyball.	Free hand exercise , standing exercise and sitting exercise. Define and different type of yoga asana and its important. History , rules, specification of playfield , basic equipments and fundamental skill of football and volleyball.	05 05 10	10 05
September	1. Warm-up and Mass P.T. Exercises. Physical education Game: cricket and basketball	Free hand exercise , standing exercise and sitting exercise Define and important of physical education. History , rules, specification of playfield , basic equipments and fundamental skill of cricket and basketball.	05 05 10	05 05

SYLLABUS FOR 2023-24

Class:-VIII

TERM – 2

MONTH	TOPIC	SUB-TOPIC	NO. OF PERIOD	WEIGHTAGE
October	Mass pt exercise and warn up exercise.	Free hand exercise , standing exercise and setting exercise .	05	05 05 10
	Effect of Exercise on Human Body	Effects of exercises on human systems like digestive and circulatory system.	05 05	
	Gymnastics	Gymnastics like forward roll , backward roll, side ward roll , balance on one leg ,cat and scissor jump , 180 turn on leg exercises for balancing.	05	
November	Yoga	Define and different type of asana and benefits.	05	05 05 05
	Mass pt exercise and warn up exercise	Free hand exercise , standing exercise and setting exercise .	05	
	Balance Diet	Teach the students about balance diet like fat, vitamin, minerals, iron etc .	05	
December-January	Games	Carrom , Kho-Kho, Basketball, Volleyball	10	05 05 10
	Mass pt exercise and warn up exercise.	Free hand exercise , standing exercise and setting exercise .	05	
	Leadership	Define importance and leadership quality.	05	
February	Athletics	Track and field events Track events (running) : Short run, middle distance run , huddle running . Field events (jumping) :	10	05 05 05
	Games	Long jump ,triple jump, high jump	05	
	Mass pt exercise and warn up exercise.	Free hand exercise , standing exercise and setting exercise .	05	
	Games	History , rules, specification of playfield , basic equipments and fundamental skill of kho kho ,Volleyball ,Basketball .	10	05 05 05
	Injuries	Define and type of injuries	05	

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Class:-VIII

CLASS	VIII
SUBJECT	Life skill And Career counseling

LIFE SKILLS

MONTH	SESSION	ACTIVITY
April	Role of a counsellor *New Class New Challenges	"New life New dreams" Class discussion
May	*Adolescence *Behaviour choices *Emotional awareness and coping skills	Reforming myself" "My weakness are now my strengths" Making up a write up
July	*Friendship skills *Personal space *Conflict resolution	My life my priorities" Make your own personal space circle.
August	*Listening skills *Communication Skills	Freedom of Expression Free writing or drawing Skills
September	*Academic skills and achievements *Test taking strategies *Examination Stress Management	"Best out of time" Make a Mind map of your study routine
November	*Bullying prevention and awareness *Body image	I love myself group discussion
December	*Personal safety *Tech Safety	Be safe act SMARTLY Making up a wheel of Safety
January	*Goal setting *Problem solving *Decision Making	Appreciating the difference *Mindfulness

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Class:-VIII

CAREER COUNSELING

Month	Session
April	Introduction to career counseling
May	*Importance of Stream choices *Criteria for stream selection
July	*Careers in PCB *Careers in PCM *Careers in PCMB
August	*Careers in Humanities *Careers in Commerce
September	Best practices for..... NEET JEE CLAT CUET
November	Career in sports Careers in Architecture Careers in PCB other than medicine
December	Careers in Hospitality and Tourism Careers in Defence Careers in Aviation Careers in Mass Media and Communication
January	New age Careers

SYLLABUS FOR 2023-24

Class:-VIII

CLASS	8	BOOK	JUNIOR ARTIST
SUBJECT	ART & CRAFT	PUBLISHER	LANGERS

TERM 1				
MONTHS	ART TOPICS	SUB TOPICS	CRAFT	PERIODS
April	1.Monochrome painting 2.Pattern design 3.Concept of colours	Colour combination chart, Scenery, Sunset scene, silhouette painting, floral designs	Jute painting	8
May	1.Still life drawing 2.Cartoon	Object drawing, fruits composition, vegetables composition, doodle cartoon, human cartoon, human caricature	Bottle Craft, News paper painting	8
July	1.Calligraphy 2.Illustration painting	Expression of word art, Graffiti art, Illusion art	Glass painting	4
August	Sketching of natural and man made form	Bird and animal sketching, Human figures, Different postures sketches	Nib painting and tribal mask	8
September	1.Portraits 2.Decorative art	Portrait (pencil shading, stippling, ink and brush shading), spray painting, Thread painting.	Pot / bottle Decoration	8

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Class:-VIII

TERM 2				
November	1.Experitional drawing 2.Poster design	Story board,,,Scene from the theater,workingwomen ,world literacy da	M-seal painting	8
December	1.Traditionand experiences 2.nature drawing	Madhubaani,Mandala, warliart,geometrical design, positive and negative drawings	Work with POP	8
Januray	1.3-D Art 2.Reflection method	,Different posture sketches, caricature, cartoon strips, Ink art, Nib painting	Paper sculpture	8
February	Exhibition			Periods