CARMEL CONVENT SCHOOL

Affiliated to CBSE, New Delhi, Aff. No.730203

SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	BOOKS	TREASURES OF ENGLISH
SUBJECT	ENGLISH	PUBLISHERS	CARDOVA PUBLICATIONS PVT.LTD.

		GRAMMAR		
MONTH	LESSON	PORTION	NO. OF PERIODS	WEIGHTAGE
	UNIT 1: RELATIONSHIPS			
APRIL	1.LITTLE CHILDREN WISER THAN MEN.	ARTICLES	8	10
	2.FAIR PLAY.	SENTENCES	8	10
	3. THE QUARREL- (POEM)	PUNCTUATION.	3	8
MAY	UNIT 2 : LAUGHTER			
1707 (1	1.THE CONJURER'S REVENGE.	NOUNS	6	10
	2.LAUGH AND BE HAPPY.	ADJECTIVES	7	10
	3.THEN LAUGH (POEM).	DETERMINERS	2	6
JULY	UNIT 3: ENDANGERED			
	1.THE TREE		3	2
AUGUST	2.NO ROOM FOR A LEOPARD.	PRONOUNS	7	10
	3.MY MOTHER SAW A DANCING BEAR(POEM).	VERBS	5	6
		ADJECTIVES	2	1
SEPTEMBER	UNIT 4: GAMES			
	1.NOTHING FISHY ABOUT THIS ONE.	NOTICE WRITING	5	7
	TERM -1			
	REVISION			



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SYLLABUS FOR 2023-24 Class:-VI

MONITUL	LECCON	GRAMMAR	NO OF DEDICES	VA/EIGUITAGE
MONTH	LESSON	PORTION	NO. OF PERIODS	WEIGHTAGE
OCTOBER	2. SPORTSMANSHIP.	TYPES OF NOUNS,	6	10
	3.ELEPHANTS VS INSECTS (POEM)	ADVERBS, PREPOSITIONS,	6	5
		SPEECH WRITING, ESSAY WRITING.	3	7
NOVEMBER	UNIT 5: SPECIAL PEOPLE			
	1.ON TOP OF THE WORLD.	ACTIVE VOICE AND PASSIVE VOICE	6	12
	2.THE GIRL ON THE TRAIN.	TENSES AND ITS TYPES.	5	10
	3.EVERY ONE IS DIFFERENTLY ABLED (POEM)		5	8
DECEMBER	UNIT 6:CELEBRATIONS			
	1. A DIFFERENT DIWALI	VALUE CORNER	5	10
JANUARY	2.CHRISTMAS DAY IN THE MORNING	LETTER WRITING	5	10
	3.IDH -AL -FITR (POEM)		3	8
	TERM -2			
	REVISION	_	10	

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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	воок	TEXTBOOK OF MATHS
SUBJECT	MATHEMETICS	PUBLISHER	NCERT

TERM-1

MONTH	CHAPTER	TOPIC/SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
APRIL	1 – Knowing our Numbers	Indian and International system	10	12
	2 – Whole Numbers	Properties of whole numbers	5	12
MAY	3- Playing with Numbers	Factors and Multiples	18	12
JULY	4- Basic Geometric Ideas	Geometric Shapes	10	10
AUGUST	5- Understanding Elementary Shapes	Types of angles and triangles	12	10
	6- Integers	Number line, operation on integers	12	12
SEPTEMBER	7- Fraction	Addition, Subtraction, Multiplication and Division of Fraction	15	12

MONTH	CHAPTER	TOPIC/SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
OCTOBER	9- Data Handling	Graph	5	5
NOVEMBER	8- Decimals	Decimal and whole part, Place value	10	14
	11- Algebra	Algebra, addition, subtraction, positive and negative signs.	12	14
DECEMBER	10- Mensuration	Square, Rectangle, Triangle and their Area and Perimeter.	15	14
	13- Symmetry	Patterns.	5	5
JANUARY	12- Ratio and Proportion	Ratio , Proportion and Unitary Method	10	14
FEBRUARY	14-Practical Geometry	Construction.	8	14



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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	воок	VASNT BHAG-1
SUBJECT	HINDI	PUBLISHER	NCERT

MONTH	CHAPTER	LESSON	GRAMMAR PORTION	NO. OF PERIODS	WEIGHTAGE
APRIL	पाठ-1	-वह चिड़िया जो	-भाषा,बोली,लिपि और	3	5
		(कविता)	व्याकरण	3 3	5 5
	पाठ-2	-बचपन	-वर्ण विचार	2 2	
	पाठ-6	-पार नज़र के	-शब्द विचार		
		बाल राम कथा-	-अनुच्छेद लेखन	2 2	
		-अवधपुरी में राम	-अपठित बोध	2	
		-जंगल और जनकप्र		1	
MAY	पाठ-3	-नादान दोस्त	शब्द-भंडार	3	5
	पाठ- 7	-साथी हाथबढ़ाना	-पर्यायवाची शब्द	3 3	5 5
		(गीत)	-विलोम शब्द	3 2 2	
	ਧਾਠ-8	-ऐसे-ऐसे	-अनेकार्थी शब्द	2 1	
			-वाक्यांशों के लिए एक शब्द	2 2	
		बाल राम कथा-	- समश्रुति भिन्नार्थक शब्द		
		-दो वरदान	- मुहावरे और लोकोक्तियाँ	1 1	
JUNE/JULY	पाठ-17	-साँस-साँस में बाँस	- संज्ञा	4	SEA
			- उपसर्ग और प्रत्यय	2 2	
		बाल राम कथा-	- लिंग और वचन	2 2	
		-राम का वन-गमन	-अनौपचारिक पत्र	$\begin{bmatrix} 2 \\ 1 \end{bmatrix}$	
			लेखन		
AUGUST	ਧਾਠ-4	-चाँद से थोड़ी सी गप्पे	-संधि और समास	5	5
		(कविता)	-मौखिक अभिव्यक्ति	5 2	5
	पाठ-15	-नौकर	-संवाद लेखन	4	
			-संदेश के आधुनिक साधन	1 2	
		बाल राम कथा-		1	
		-चित्रक्ट में भरत			
		-दंडक वन में दस वर्ष			
SEPTEMBER		पुनरावृति			





SYLLABUS FOR 2023-24 Class:-VI

TERM-2

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MONTH	CHAPTER	LESSON	GRAMMAR PORTION	No. OF PERIODS	WEIGHTAGE
OCTOBER	ਧਾਠ-10	-झांसी की रानी (-कारक	2 2	5 5
		कविता)	-सर्वनाम	2	3
	ਧਾਰ-12	-संसार पुस्तक है	-निबंध लेखन		
NOVEMBER	ਧਾਠ-13	-में सबसे छोटी	-विशेषण	4	£
		होऊँ(कविता)	-क्रिया	4 3	5 5
	ਧਾਠ-9	-टिकट -अलबम	-अव्यय	3 2	
		बाल राम कथा -	-विराम-चिहन	2 2	
		-सोने का हिरण	- वाक्य विचार	2	
		-सीता की खोज		2	
DECEMBER	ਧਾਠ-11	-जो देखकर भी नहीं	शब्द सागर –	5	5
		देखते	-पर्यायवाची शब्द	5 3 2	5
	पाठ-5	-अक्षरों का महत्व	-विलोम शब्द		
			-अनेकार्थी शब्द	1 2	
		बाल राम कथा -	-वाक्यांशों के लिए एक शब्द	2 2	
		-राम और सुग्रीव	-समश्रुति भिन्नार्थक शब्द	2	
		-लंका में हनुमान			
JANUARY	ਧਾਠ-14	-लोकगीत	-मुहावरे और लोकोक्तियाँ	4 4	5 5
	पाठ -16	-वन के मार्ग में (कविता)	-विज्ञापन लेखन		3
			-कहानी लेखन	2	
		बाल राम कथा -	-डायरी लेखन	2 2	
		-लंका विजय	-शब्द जाल	2 2 2 2 2 2 2	
		-राम का राज्य-अभिषेक		2	
FEBRUARY		पुनरावृत्ति			
MARCH		Term-2 Examination			



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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	воок	SCIENCE
SUBJECT	SCIENCE	PUBLISHER	NCERT

MONTH	CHAPTER/ LESSON	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	11. Light, Shadow and Reflection.	Types of materials on the basis of transparency. Mirrors and Reflection.	7	9
	10. Motion and Measurement of Distances.	Standard units of measurement. Types of motion.	7	9
May	9. Living Organisms and their Surroundings.	Habitats and Adaptation.	10	9
	6. Changes around US	Reversible and irreversible changes.	10	9
July	15. Air around us.	Composition of air.	10	8
August	12. Electricity and Circuit	Electric cell. Electric circuit. Electric switch.	7	9
	4. Sorting Materials into Groups.	Properties of materials.	7	9
September	16. Garbage in, Garbage Out.	Vermicompositing. Recycling. Plastic : Boon or a curse?	10	9



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SYLLABUS FOR 2023-24 Class:-VI

MONTH	LESSON	TOPIC/SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
October	Food : Where does it come from?	Sources of food.	10	9
November	2.Components of Food.	Balanced diet. Deficiency diseases.	10	9
	3 Fibre to Fabric.	Sources of fibres.	10	9
December	5. Separation of Substances.	Methods of separation.	10	9
	13. Fun with Magnets	Discovery of magnets. Magnetic and non magnetic materials.	10	9
January	14. Water	Water cycle. Conservation of water.	7	8
	7. Getting to Know Plants	Types and parts of plants.	7	9
February	8. Body Movement.	Types of joints. Gait of animals.	10	9



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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	BOOKS	Our Pasts- I
SUBJECT	HISTORY	PUBLISHERS	NCERT(National Council Of Educational Research And Training)

MONTH	LESSON	TOPIC/SUB-TOPIC	NO. OF PERIODS	WEIGHTAGE
	1.What, Where,How And When.	What can we know about the past?		
April			5	8
	2.From Hunting Gathering to Growing Food	The earliest people: Why were they on the move?		
May	Growing rood		4	8
	3.In the Earliest Cities.	The Story Of Harappa		
July			5	8
	() A (
August	4.What Books and Burials Tell Us.	How Historians study the Rigveda?	5	8
	5. Kingdoms ,Kings, And An Early Republic.	Janapadas/ Mahajanpadas		
September			5	6
	Revision			
	Term -1			



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SYLLABUS FOR 2023-24 Class:-VI

			NO. OF	
MONTH	LESSON	TOPIC/SUB-TOPIC	PERIODS	WEIGHTAGE
	6.New Questions	The Story of the Buddha		
_	and Ideas.			
October			4	6
	7.Ashoka the	The very big kingdom=		
	Emperor, Who	an empire		
	Gave Up War.		7	6
			3	6
	Q\/ital\/illagas	Iron Tools and		
November	8.Vital Villages ,Thriving Towns.	Agriculture/Irrigation	6	6
November	9.Traders ,Kings	How to find our about	0	0
	And Pilgrims.	trade and traders?		
	, and ingiline.	trade arra traders.	5	6
			-	-
	10.New Empires	Samudragupta's		
	and Kingdoms.	Prashasti		
December			5	6
		Harshavardhana and the		
		Harshacharita		
	11.Buildings	Buildings in brick and		
	,Paintings and	stone/ Painting		
Januari	Books.		Г	
January			5	6
	D			
February	Revision			
March	Term -2			



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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	BOOKS	SOCIAL AND POLITICAL LIFE - I
SUBJECT	CIVICS	PUBLISHERS	NCERT(National Council Of Educational Research And Training)

			NO. OF	
Month	LESSON	TOPIC/SUB-TOPIC	PERIODS	WEIGHTAGE
April	1.Understanding diversity.	How do we explain diversity?	3	4
		Unity In diversity	3	
May	2.Diversity and Discrimination.	Inequality and Discrimination	3	6
		On being Discriminated against	3	
July	What is government?	Laws and the Government	2	6
- Cally	govo:::::::::::::::::::::::::::::::::::	Democratic Government	3	0
September	4.Key Elements of a Democratic Government.	Other ways of particapating	3	4
2200111001		Need to resolve conflict	2	-
	Revision		_	
	Term -1			



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SYLLABUS FOR 2023-24 Class:-VI

MONTH	LESSON	TOPIC/SUB-TOPIC	NO. OF PERIODS	WEIGHTAGE
October	5.Panchayati Raj.	Gram Sabha	3	4
	, ,	Three Levels of		·
		Panchayat		
		-	2	
	6.Rural	The work of the Police		
	Administration.	Station	2	4
		Maintenance of Land		
		Records		
			3	
	7.Urban	The Ward Councillor and	_	
November	Administration.	Administrative staff	3	4
		A community protest	2	
	8.Rural			
December	Livelihoods.	Kalpattu Village	2	6
		Sekar/ On being on debt	3	
	9.Urban	In the factory -Workshop		
January	Livelihoods.	Area	2	4
		In the office Area	_	
			2	
February	Revision			
March	Term -2			

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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	BOOKS	The Earth Our Habitat
SUBJECT	GEOGRAPHY	PUBLISHERS	NCERT(National Council Of Educational Research And Training)

TERM - 1

Month	LESSON	TOPIC/SUB-TOPIC	NO. OF PERIODS	WEIGHTAGE
MOHUH		-	PERIODS	WEIGHTAGE
	1 The Earth in the	Solar System		
April	Solar System.		5	6
	2.Globe : Latitudes	What are Latitudes?		
May	and Longitudes.		6	6
July		What are Longtitudes?		
	3.Motions of the	Winter /Summer		
August	Earth.	Solstice	5	4
September	4. Maps.	Types of Maps/Direction	5	6
	Revision			
	Term -1			

) 40 N I T I I	1 50001	TODIO/GUD TODIO	NO. OF	MARKS ALLT
MONTH	LESSON	TOPIC/SUB-TOPIC	PERIODS	/WEIGHTAGE
	5.Major Domains	Biosphere/Continents		
October	Of The Earth		4	5
	6.Major Landforms	Mountains/ Plateaus		
November	of the Earth.		6	5
		_	_	
	7.Our Country-	Locational Setting/		
December	India.	India's Neighbours	5	6
	8.India : Climate	Weather/ Season		
	,Vegetation and			
January	Wildlife.		3	6
February	Revision			
March	Term -2			



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CLASS	VI	BOOKS	Logic and Beyond
SUBJECT	Reasoning and Aptitude	PUBLISHERS	

Month	Chapter no.	Name	
	1	Analogy	
April	2	Classification	
	3	Ranking	
	4	Coding Decoding	
May	5	Blood Relations	
	6	Venn Diagrams	
July	7	Analogy	
July	8	Patterns	
	9	Classification	
August	10	Embedded Figures	
	11	Mirror Images	
	12	Water Images	
September	13	Paper cutting	
	14	Puzzle test	
October	15	Numbers	
Octobel	16	Series	
	17	Mathematical Operations	
November	18	Age	
	19	BODMAS	
	20	Reasoning	
December	21	Fractions and decimals	
	22	Direction Sense	
January	23	Cubes and Dice	
January	24	Data Analysis	



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SS	VI	
SUBJECT	G.K.	

S.no.	Month	Topic
1 2 3 4 5 6 7	April	M for Mammal Duty and the beast Funny Flora Really unreal Timeless tales Creature Feature Citius! Altius! Fortius!
8 9 10 11 12 13 14	May	Home to Champs Mega Matches World XI Indus Info Amazing Ashoka Keep the faith Earth Warriors
15 16 17 18 19 20 21	July	Call of Duty It's a sign Star Power Make a change What an idea Gizmo Geeks Modern Marvels
22 23 24 25 26 27 28	August	Costume Drama Fine Tune Fields of Gold One Republic Empire State Days of Future Past South Stars
29 30 31 32 33 34	September	Tech that! Gadget Gurus Galas of Glee Dance Trance Better Letter The Giving Trees



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35	October	Just Deserts
36		Powerpuff Curls
37		Birds of a Feather
38		Punctuation Pirates
39		For better or verse
40		Talk to the hand!
41		Inside out
42	November	Bon Voyager
43		Bapu Bytes
44		Levers Forever
45		Many Bones to Pick
46		Penta Gram!
47		Golden Oldies
48		Ore more
49	December	Watchers of the Boundaries
50		Gods of Small Things
51		Keep the Flags Flying
52		National Treasures
53		Code Runner
54		Top of the Pops
55		Pitter Pattern
56	January	Wing Ding
57		Dino Mania
58		Mount Equus
59		The Life Aquatic
60		Life in Technicolor
61		Once upon a Time
62		Hello World!
63		Instant Doodles
64	February	Happy and Healthy
65		A piece ful life
66		Super Cities
67		Awesome Animals
68		Lion City
69		Talk the Walk
70		Super Duper
71		Time Check

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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	воок	CYBER QUEST – 6
SUBJECT	COMPUTER	PUBLISHER	KIPS

MONTH	CHAPTER	LESSON NAME	SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	1	Computer Languages	Generations of Computer Languages	5	8
			Translator Programs		
May	2	More on Windows	New Features of Windows 10	7	9
			Creating a New Desktop		
			Utilities of Windows 10		
			Working with the Control Panel		
July	3	Fun with PowerPoint	Applying Animation Effects	6	9
			Applying Transitions		
			Inserting Sound Clips		
			Inserting Video Clips		
			Using Action Buttons		
August	4	More on PowerPoint	Creating Photo Album	7	9
September			Ink Equations		
			Screen Recording		
			Comments		
			Smart Lookup		
			Ink Annotation		
			Slide Zoom Feature		
			Viewing a Presentation		
			Rearranging Slides		
August	5	Working with Spreadsheets	Selecting Cells	7	9

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SYLLABUS FOR 2023-24 Class:-VI

September		Entering Numbers as Text	
		Entering Date and Time	
		Changing Cell Contents	
		Using Undo and Redo Features	
		Inserting Cell, Columns and Rows	
		Deleting Cell, Columns and Rows	
		Changing Row Height and Column Width	
		Copying and Moving Data	
		Using Auto Fill and Flash Fill Feature	
September	Revision		

MONTH	CHAPTER	LESSON NAME	SUB TOPIC	No. of Periods	Weightage
October	6	Introduction to Krita	Features of Krita	6	9
			Starting Krita		
			Components of Krita		
			Creating a New File		
			Adding an Image		
			Selection Tools		
			Editing Tools		
November	7	Introduction to Python	Python	7	9
			Installing Python		
			Getting Started with Python		
			Components of IDLE Python		
			Working in Interactive Mode		
			Variables in Python		



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			Working in Script Mode		
			Data Types		
			Using input () Function		
			Using print () Function		
December	8	Creating Web Pages Using HTML5	HTML	6	9
			Brief History of HTML		
			Tools to be Used		
			Creating an Html Document		
			Tags, Elements and Attributes		
			Rules for Writing HTML Code		
			HTML Document Structure		
			Important Tags in HTML		
			Cascading Style Sheets		
			Background Properties		
			Text Properties		
January	9	Internet Services	History of the Internet	7	9
			World Wide Web (WWW)		
			Popular Services on the Internet		
February		Revision			



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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	воок	Ashrafi Urdu (4)
SUBJECT	URDU	PUBLISHER	PATHWAYS

TERM-1

وزن	ادورار کی تعداد	سبق نمبد اور سبق کا نام	مہینے	نمبر شمار
	2722			
١.	٨	دُعًا۔ ہم اور ہمار ے گھر -	اپریل	-1
١.	٨	جب میں طالب عِلم تھا۔ گرمی۔		- Y
١۵	٨	مِرزاغالِب۔ اکٹر ذاکر کسین۔	اگست	- ٣
۵	Ŷ	بابر اور ہمایوں۔	ستمبر	- 4

وزن	أدوار كى تعداد	سبق نمبد اور سبق کا نام	مہینے	نمبر شمار
١.	٨	بادل اور تارے درخت کی گواہی۔	اكتوبر	-0
10	٨	شہد کی مکھی۔ غرور مت کرو۔	نومبر	-9
۵	Ŷ	يَتْلَى آئ-	دسمبر	_Y
۵	Ŷ	سچّی بېادری۔	جنوری	-۸
۵	۶	پیاری باتیں۔	فرور <i>ی</i>	_9



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SYLLABUS FOR 2023-24 Class:-VI

CLASS	VI	
SUBJECT	MUSIC	

MONTH	TOPIC	NO. OF PERIODS	WEIGHTAGE
April	WESTERN MUSIC THEORY	8	10
	1 STAFF, NOTES & PITCH		
	2 TREABLE CLEFF		
	3 BASS CLEFF		
	4 LEDGER LINE		
	SONGS		
	1 EARTH DAY SONG 2WORLD HERITAGE		
May	WESTERN MUISC THEORY	8	10
	1 NOTE VALUE		
	2 MEASURE BARLINE & DOUBLE BAR		
	3 TIME SIGNATURE AND NOTE VALU		
	4 WHOLE, HALF AND QUARTER REST		
	SONGS		
	1 LABOUR DAY SONG		
	2 MOTHERS DAY SONG		
	3 ENVIRONMENT DAY SONG		
July	WESTERN MUSIC THEORY	8	10
	1 DOTTED HALF NOTE		
	2 TIES AND SLURS		
	3 REPEAT SIGN 1 &2 ENDING		
	4 EIGHTH NOTE		
	SONGS		
	1 PATROTIC SONG		

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SYLLABUS FOR 2023-24 Class:-VI

	2 DEVOTIONAL SONG		
August	WESTERN MUSIC THEORY	8	10
	1 EIGHTH REST		
	2 DOTTED QUARTER NOTE		
	3 DYNAMIS SIGNS		
	4 TEMPO MARKS		
	SONGS		
	1 PATRIOTIC SONG		
	2 FESTIVAL SONG		
September	WESTERN MUSIC THEORY	8	10
	1ARTICULATION		
	2 FLATS		
	3 SHARPS		
	4 NATURALS		
	SONGS		
	1 FOLK SONG		
	2 DEVOTIONAL SONG		

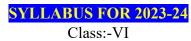
MONTH	SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
October	SONGS	8	10
	1 WE CAN ACHIEVE		
	2 MAKE ME AN INSTRUMENT		
	3 YOU ARE MY ALL IN ALL		
	4 MOTHER VERONICA SONG		
November	INDIAN MUSIC THEORY	8	10
	1 PART AND STRUCTURE OF HARMONIUM		
	2 PART AND STRUCTURE OF SITAR		
	SONGS		
	1 FESTIVAL SONG		



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	2 MUSICIAN DAY SONG		
_	2 MUSICIAN DAY SONG		
December	INDIAN MUSIC THEORY	8	10
	1 INTRODUCTION AND SYSTEM OF MUSIC		
	2NAAD &SHRUTI		
	3 SAPTAK & SWAR		
	4 VARAN & ALANKAR		
	SONGS		
	1 CHRISTMAS CAROLS		
	2 AIDS DAY SONG		
January	INDIAN MUISC THEORY	8	10
	1 CONCEPTS OF RAAG & DEFINITIONS		
	2THAAT & RAAG		
	3 JAATI & PAKAD		
	4 VADI , SAMVADI ANUVADI & VIVADI SWARS 5 SAMAY		
	SONGS		
	1 PATRIOTIC SONG		
	2 MARTYRS DAYSONG		
February	INDIAN MUSIC THEORY 1 TAALS 2TEEN TAAL 3 KEHRWA TAAL 4 DADRA TAAL	8	10





CLASS	VI
SUBJECT	GAMES

TERM - 1

CARMEL

MONTH TOPIC SI		SUB-TOPIC	NO. OF	WEIGHT
			PERIOD	AGE
April 1. Warm-up and Mass P.T.		Free hand exercise , standing exercise and sitting exercise.	05	
	Exercises Warm up exercise Exercise. toe to head Game: stretching, Balance		05	05
	Athletics	exercises. Athletics : Track and field event.	10	10
May	1. Warm-up and Mass P.T.	Free hand exercise , standing exercise and sitting exercise.	05	
	Exercises. Concept of Health and	Explanation of components of physical fitness. Strength , speed , endurance,	05	05
physical fitness. Indoor game		flexibility and coordination. Chess, carom and T.T etc.	10	05
July-August 1. Warm-up and Mass P.T. Exercises.		Free hand exercise , standing exercise and sitting exercise.	05	
	Test for Speed and Strength.	Assessing Speed, Assessing Strength. Practical Exercise like running, short sprints, broad jump. Team Game: football and basketball.	05	05
	Game		10	10
September	1. Warm-up and Mass P.T.	Free hand exercise , standing exercise and sitting exercise.	05	
	Exercises. Test for flexibility and coordination	Activities like sprint- dash running. Strength: Squards, medicine ball exercise. Test for flexibility: Sit and reach test.	05	05
	abilities. Game	Kho kho and kabaddi	10	05







SYLLABUS FOR 2023-24 Class:-VI

MONTH	NTH TOPIC SUB-TOPIC		NO. OF PERIOD	WEIGHT AGE	
October	1. Warm-up and Mass P.T.	Free hand exercise , standing exercise and sitting exercise.	05		
Exercises Balance Diet		Teach the students about balance diet like fat, vitamin, minerals, iron etc .	05	05	
	Game:track and field events	Track events (running): Short run, middle distance run , huddle running . Field events (jumping) : Long jump ,triple jump, high jump.	10	10	
November	1. Warm-up and Mass P.T.	Free hand exercise , standing exercise and sitting exercise.	05		
	Exercises. Gymnastics	Gymnastics like forward roll, backward roll, side ward roll, balance on one leg, cat and scissor jump, 180 turn on leg exercises for balancing.	10	05	
Yoga		Define and different type of asana and benefits.	05	10	
December- January	1. Warm-up and Mass P.T.	Free hand exercise , standing exercise and sitting exercise. Role of Heredity &	05		
	Exercises. Role of Heredity &	environment like height, weight, habits, voice temperature etc. Team	05	05	
	enviornment Game	Games: Cricket ,Volleyball, Kho- Kho , Kabaddi	10	05	
February	1. Warm-up and Mass P.T.	Free hand exercise , standing exercise and sitting exercise.	05		
	Exercises. Injuries	Define and type of injuries.	05	05	
	Game	Games: Volleyball, cricket, basketball, football.	10	05	



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CLASS 6 BOOK		ВООК	JUNIOR ARTIST			
SUBJECT ART & CRAFT		-	PUBLISHER	LANGERS		
TERM 1						
MONTHS	Al	RT TOPIC	SUB 1	OPIC	CRAFT	PERIODS
April	1.Colourcombination chart 2. Pattern drawing		Colour wheel, rangoli, decorative pots		Newspaper painting	8
May	1. Graph method 2. Nature study		featu	et drawing, facial res, trees, uments	Glass painting, Balloon craft	8
July	1. Still life (colour and pencil shading) 2. Calligraphy		Landscape, object drawing, rubbing technique, dabbing, pencil colour composition.		Hand puppet, wall hanging	4
August	1.Perspective 2. Mosaic art		Seascape, village scenery, objects in room, street scene, story composition		Paper machie, mask making	8
September	1.Portrait 2.Decorative art		Abstract painting, Silhouette painting, Ink folding,wet on wet,pencilcolour composition		Bottle/ Pot painting	8
TERM 2						
1.Traditional art 2.Graphic design		Warli art, Madhubani art, Positive and negative drawing, Illusion painting		Stone painting , 3-D painting	8	
December	1. Graffi 2. Festi compo	val	mond	rative words, ochrome painting, tmas scene	Tribal mask, Christmas craft	8
January	1.Poster making 2.Freehand drawing		(Penc	scape, Scenery sil shading, pencil r,Ink pen ng,Postercolours)	Doll making	8
February	Exhibition					



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