



CARMEL  
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# CARMEL SPECTRUM

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Dear Readers,

*Showing gratitude is one of the simplest yet most powerful things humans can do for each other."*

*Randy Pausch*

As the school year ended and we are on the threshold of another session, I wish to take this opportunity to express my deep appreciation and gratitude to each one of you. Thank you for trusting us to provide learning experiences to your child. It has been an honour and privilege to help them to unfold their innate talents. As the head of the institution, I feel delighted at the progress our students have made. Thank you for your unwavering support and dedication throughout the year. We have felt your constant and consistent commitment behind the scenes. Thank you for the parental guidance you continually provide your children. Congratulations on achieving a milestone in the life of your ward. May her coming session be enjoyable and have lots of surprises and happiness. I invite you to go through the pages of this newsletter to update yourself on the recent past and relish the achievements of the institution and your child. God's choicest blessings are on each of you.

Maria Swati A.C.  
Principal

# Girl Child Day

Carmel observed National Girl Child Day. Class 5 conducted an assembly with a value-based mime and a dance on the topic 'Save Girl Child'. Classes 1 to 8 participated in activities to mark the occasion, including making posters, writing slogans and essays, reciting poems, speaking competitions and drawing contests.



# National Tourism Day

Carmel Convent School observed National Tourism Day to spread awareness of the value of tourism to the Indian economy. Children dressed up in imaginative costumes that represented various nations. Through an exhibition of Indian handicrafts, clothing, and other items, they expertly highlighted the cultures and heritage of the states. The states represented were Jammu and Kashmir, Tamil Nadu, Gujarat, and Punjab. Some others participated in activities like Mandala art, Basholi painting, etc.





# Republic Day Celebration

74th Republic Day was enthusiastically celebrated at Carmel Convent School with the theme "Nari Shakti." The programme began with a prayer dance and prayer service followed by a mash-up dance and a motivational skit about Rani Lakshmi Bai. Principal Sr. Maria Swati gave her insightful thoughts on this special day and brought to conclusion with the national anthem.



## Martyrs' Day

On January 30, Carmel Convent School held a special assembly to honour Mahatma Gandhi, the father of the nation and to honour his contributions to society. The programme was enthusiastically taken part in by the students.





# Investiture Ceremony

"Imagine with your entire mind, believe with all your heart and achieve with all your might".

The Investiture ceremony for the academic year 2023-2024 was held on January 31, 2023, in the school hall, under the leadership of Principal Sister Maria Swati. The outgoing cabinet members laid down their offices at a special assembly. After that, the newly elected members took their place and were adorned with badges and sashes. The ex-cabinet members gracefully congratulated the newly elected members.



## Creating Happy Classroom & Professional Ethics

Carmel Convent School believes in empowering its staff with inputs for personal growth. It hosted a seminar on February 4th, for its teachers and Sister organizations. Dr. Gurmeet Kaur Gill, the resource person, enlightened the participants on "Creating Happy Classrooms and Professional Ethics."





# Farewell 2022-23

February 1, was a day of joy and sadness when class 12 students said their final goodbyes. The school bid them adieu, with a well-planned programme with games, dances etc. The outgoing students expressed appreciation for, their Alma Mater. During Carmel Beauty Contest, Sabhyata Verma has crowned Miss Carmel 2022.



Carmel Convent School hosted a special thank-you day in honour of Mrs. Susan, who selflessly served the school for 25 years and retired. The students held a special assembly and presented her with a token of their love and respect.





# Carmel Treasure Retreat

A retreat was held for the students of class 9 to recall and cherish the values Carmel imbibed in them in the past. The art of nature meditation and several talks to help to build self-confidence, self-belief, and a bright future for themselves were some of the inputs sessions held during sessions. The students benefitted from this event.





# Testing Core Concepts (SAFAL)

For the SAFAL Pilot programme, Carmel Convent School was among the shortlisted schools and Mamta Jamwal was appointed to coordinate the activities. SAFAL, a competency-based assessment by the CBSE for Grades 5 and 8, was held in the school from 8 February to 23 February. It was designed to measure student progress in fundamental skills and learning outcomes.



# Value Integration Day



A two-day programme on value integration was held on February 15 and 17, respectively. Every student took part in the activity with enthusiasm. Children performed prayer services, dances, action songs, mime acts, skits, and other acts that illustrated various values they learnt during the year.



# Clubs at a glance...

## Girl Guides

Girl Guide plays an important role in the lives of Carmelites who aspire to benefit from the activities held throughout the year. Four girls in Group I and three students in group II received certificates for participating in a global webinar on the theme "She Can" from June 1 to June 4, 2022.



## Art & Craft:

Our ideas, feelings, and aspirations are expressed through the arts. On February 11th, 2023, Carmel Convent School held an art and craft exhibition where students from every class displayed their creations during the year. These creations included a variety of paintings, pencil shading, paper flowers, photo frames, tile painting, eco-friendly products, and more. Parents commended the students' efforts for their hard work.





# Pre-Primary Demonstration:

On February 22 and 24, 2023, a teaching demonstration was held for Pre-Primary students. The staff demonstrated the methods of teaching in a regular classroom. The parents appreciated the teachers and applauded the little angels for their brilliant performance.





# Star Kids of Carmel

## Results of Silver Zone Olympiad



### International Olympiad of English Language

Class	Name	Achievement
LKG	Saanvi	Silver
LKG	Gursirat Kour	Bronze
LKG	Aaradhi Badgotra	Gold
LKG	Mehar	Silver
UKG	Parthavi Sambyal	Gold
UKG	Ravya Kaur	Gold
UKG	Vidita	Gold
UKG	Navsheen Kaur	Silver
UKG	Ravya Kaur	Gold

### Little Star Mathematics Olympiad

Class	Name	Achievement
LKG	Saanvi	Silver
LKG	Gursirat Kour	Bronze
LKG	Aaradhi Badgotra	Gold
LKG	Mehar	Silver
UKG	Parthavi Sambyal	Gold
UKG	Vidita	Gold
UKG	Navsheen Kaur	Silver
UKG	Jaisneev Kour	Gold
UKG	Kavya Thakur	Gold
UKG	Ravya Kaur	Gold

### Little Star EVS Olympiad

Class	Name	Achievement
LKG	Mehar	Gold
UKG	Parthavi Sambyal	Gold
UKG	Vidita	Gold
UKG	Navsheen Kaur	Gold
UKG	Jaisveen Kour	Gold
UKG	Kavya Thakkar	Gold
UKG	Ravya Kaur	Gold

### Little Star English Olympiad

Class	Name	Achievement
LKG	Gursirat Kour	Silver
LKG	Aaradhi Badgotra	Gold
UKG	Parthavi Sambyal	Bronze
UKG	Vidita	Silver
UKG	Navsheen Kaur	Gold
UKG	Jaisveen Kour	Gold
UKG	Kavya Thakkar	Bronze
UKG	Ravya Kaur	Gold



### Rank Holder's of Level -1

#### International Olympiad of English Language

Class	Name	Achievement
2	Devhari	Bronze
2	Aaradhya Charak	Gold
2	Anvesha	Silver
3	Dakshee Gupta	Bronze
4	Pushti Sethi	Gold
6	Gagandeep Kour	Gold
9	Madeeha Ashraf	Silver
9	Niharika Bhushan	Gold

#### International Olympiad of Mathematics

Class	Name	Achievement
2	Aadhya	Silver
2	Aaruhi	Bronze
2	Gurnoor Kour	Gold
4	Advika Choudhary	Gold
9	Niharika Bhushan	Gold

#### International Social Studies Olympiad

Class	Name	Achievement
9	Niharika Bhushan	Silver

#### International Reasoning & Aptitude Olympiad

Class	Name	Achievement
9	Niharika Bhushan	Gold

#### International Olympiad of Science

Class	Name	Achievement
5	Ayat Malik	Silver
8	Mayila Javed	Silver
8	Anureet Kaur	Gold
8	Sejal Rajput	Bronze
9	Niharika Bhushan	Gold
10	Prabhpreet Kour	Silver
10	Runzun Chajgotra	Gold



### Participants of Level -2

#### Level 2: International Olympiad of Mathematics

Class	Name	Result
9	Niharika Bhushan	Awaited

#### Level 2: International Olympiad of Science

Class	Name	Result
5	Ayat Malik	Awaited

#### Level 2: International Olympiad of English Language

Class	Name	Result
2	Aaradhya Charak	Awaited
3	Dakshee Gupta	Awaited
9	Niharika Bhushan	Awaited

*Congratulations on  
your well-deserved  
success!!!*

