



CARMEL
J A M M U

CARMEL SPECTRUM

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APRIL - MAY 2021

From the Principal's Desk...

Dear Carmel Family,
An indisputable fact of life is that change is a continuous process. The seasons come and go. People come and go from our lives too. I am saddened to know that several people associated with the school have passed from this world to another. Some of our students are orphaned. I extend heartfelt condolences and prayers for the bereaved families. The School motto "Belief Enhances Life" keeps us going. Self-belief motivates us to do and dare great things.



Whatever duty you have been given, be responsible for it. I mean if you are a student your 100% focus should go into studies, nothing else. All of us hoped for a better 2021. Alas, our hopes were shattered just in a couple of days. COVID-19 hit the country hard again for the second time and we had to opt for the same procedures as last year.



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I am sure that students' resilience will lift us throughout the year. This year also has required that our teachers adapt to many new ways of educating our students.

There are a few changes that we have brought to our information disseminating system. The school has redesigned the website. I request you all to visit the school website www.carmeljammu.com to view all the latest updates and announcements about the school. The social media handles are equally important for daily updates.

Ms. Harpal Kour, the senior teacher has ended her journey after serving for 18 years. On behalf of the whole school, I thank her for her loving services, patience, encouragement, and diligence. She made difference in the lives of the students she taught. Congratulation and many warm wishes for a happy retirement!

I appreciate dear parents and guardians for your patience, flexibility, and care. May you continue to learn and practice new procedures. Do not forget to monitor your health concerns. Our teachers and staff will continue working hard to provide relevant and viable learning opportunities.

Cheers to a summer full of rest, relaxation, and fun! Please be safe.

**Warm Regards,
Sr. Maria Swati A.C.**

Online Learning Continues...

Gamification in Learning

Teachers attended an online seminar on the topic-“Gamification in Learning”. The seminar was conducted by CBSE with Ms. Yachana Villaitrani, Principal Tagore International School Delhi, as a key speaker. The seminar highlighted that the purpose of Gamification is to combine work with fun. Any non-game context can be made more appealing, by applying Gamification to it. In other words, 'Gamification' means integration of the existing environment with the game mechanics.

Ms. Yachana Villaitrani quoted, "Gamification enhances the learning process in students. Gamification in e-learning can improve knowledge absorption and boost knowledge retention by blending endorphins and the awareness of real-world benefits. It allows learners to see real-world applications". The seminar was a very enriching and learning experience for the teachers.

Effective Life Skills- Effective Communication

One of our teachers, Ms. Jyoti Wali, attended an online CBSE training program on “Effective Life Skills- Effective Communication” organized by the Centre of Excellence-Chandigarh. The highlights of the seminar were, what is communication and its effective usage in day-to-day activity, especially when dealing with students in school. The orator Ms. Ravinder Kour, Principal Satya Bharti Adarsh Sr. Sec. School Ludhiana emphasized why Communication is important, its goals, objectives, and how to improve the skills. The whole session was interesting and useful.



Basic Counselling Skills for Teachers

Basic counselling skills are necessary for teachers, hence an online seminar was held on the above-mentioned topic. The organizers CEIR Global started the session with a video on Handwriting Skill. The view explained correct posture while studying and rightfully holding the pen or pencil. The key speaker Ms. Akanksha Pandey, Consultant Clinical Psychologist, Fortis Hospital, Bengaluru emphasized that teachers and adults should provide a comfortable environment for students to discuss their problems regarding their academic, personal and social life.

Librarian Seminars

Five seminars attended by Pooja Sharma (Librarian)- Capacity Building Programme by CBSE on Library services

- Library services supporting in Learning.
- Digital Library
- Book Acquisition in Library
- Creating School Libraries as Centers of Learning .
- Preservation and Conservation of Library Manuscripts.

Learning Outcomes- Core objectives of libraries, role of librarian for fulfillment of Library Goals, formation Of library Advisory Committee, heads for the Rules, observation of other Library practices, library programmes and projects, library finance , budget allocation formula, collection development, ordering procedure, problems in acquisition, book acquisition Models, 6E's of Inquiry based learning, creating Digital Library by using Google slides and Links, what kind of manuscripts should be conserved and preserved and how?

Salient Features of NEP – 2020

The seminar was initiated by CBSE which highlighted key principles of NEP – 2020. Some other important things discussed were, ECCE – The foundation of Learning, pedagogical Structures, Encouraging 21st century skills in the classroom, introduction of Contemporary Subjects, the power of Multilingualism and Language learning, Role of teacher as per NEP – 2020, learn new technologies and go digital.

A few more seminars attended by Carmel Staff

Developing Vision and Mission of School

Competency Based education

Essential Components of a Lesson Plan

Hostility and Management

Understanding IQ, EQ, AQ and SQ

Hindi Bhasha Shikshan ki Path Yojna

Bloom's Taxonomy and its Application

Pre Schooling Curriculum

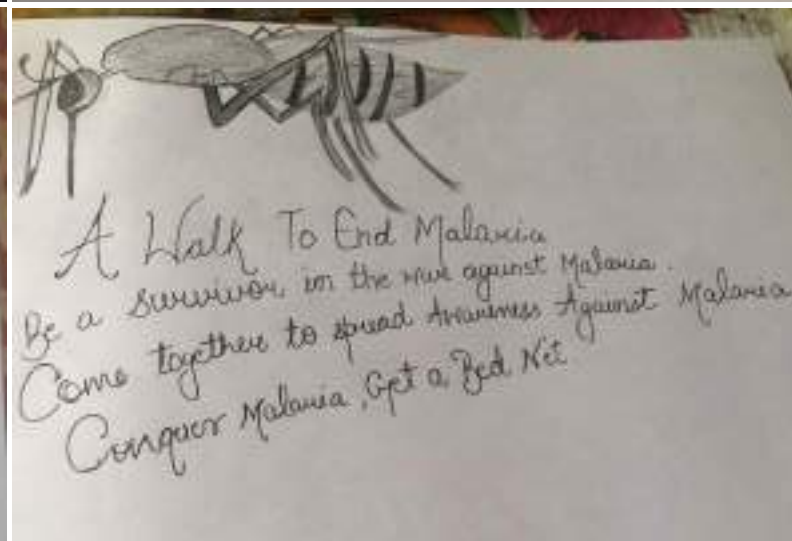


ONLINE ACTIVITIES

Bookmark Making Competition



Malaria Day



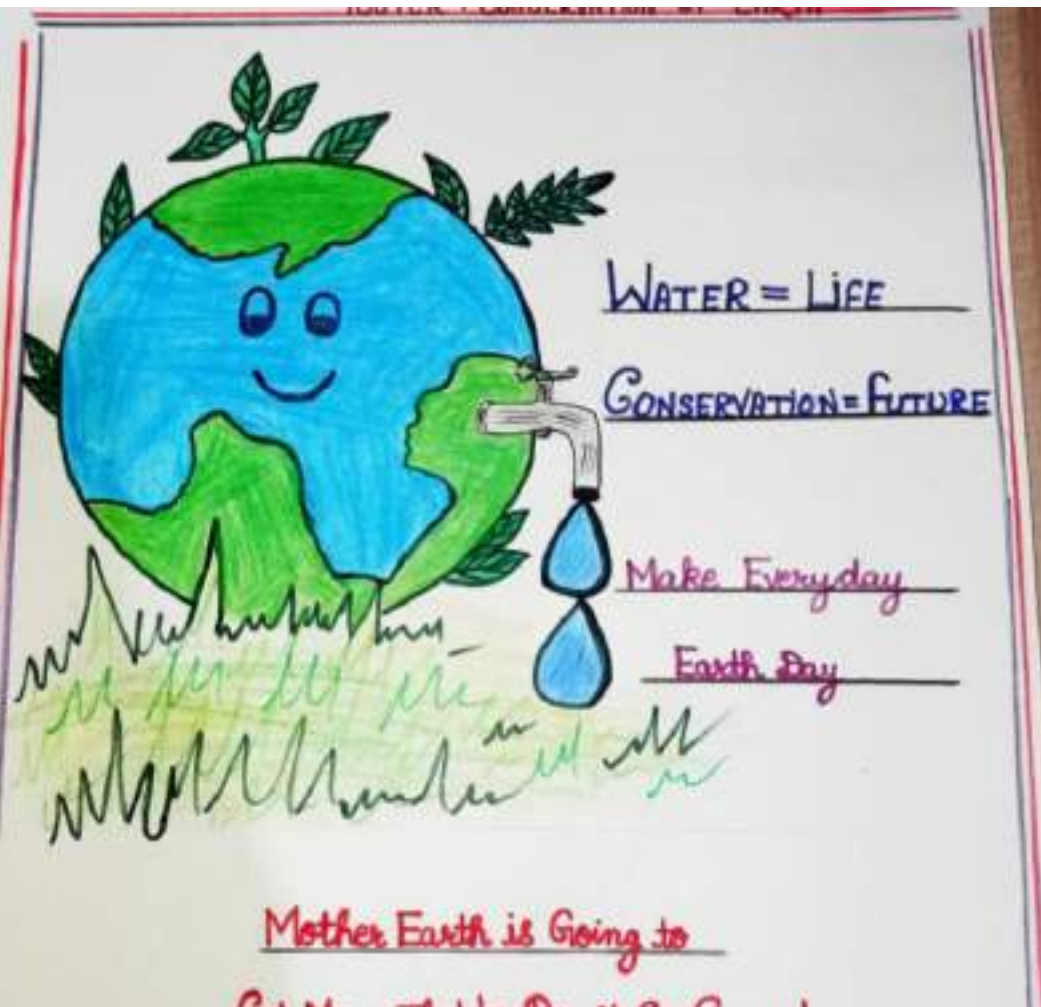
Mother's Day



Puppet Making Competition



Earth Day



World Red Cross Day



Labour Day





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**ACTIVITIES
CONDUCTED
ONLINE BY
TEACHERS**
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- **Calligraphy Competition**
- **Poetry Recitation**
- **Handwriting Competition**
- **Draw & Colour**
- **JAM**
- **Debate Competition**
- **Talent Hunt**



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WINNERS

APRIL & MAY 2021

Calligraphy Competition

Gantavya Sharma, V A
Kaur Wahodeep Singh, V A
Shanaya Jamwal, V A
Jasleen Kour, VI A
Drishti Gupta, VI B
Shivangi Chambial, VI B

Earth Day

Janvi Slathia, VI A
Aavika, VII A
Diksha Choudhary, VIII B
Vedika, VIII A
Divya Adhvi, X A

Debate Competition

Anshika Gandhi, XII
Kritika Samyal, XII
Vanshika Bhushan, XI

World Malaria Day

Harpriya Saigal, VII B
Saman Fatima, VII B
Ridhima Sharma, VII A
Diksha Choudhary, VIII B
Mannat Malik, VIII B
Pragati, VIII A

Just a Minute

Shubhaika Charak, IX B
Mannat Angral, X A
Prachi Kalotra, IX A
Archesha Pathania, IX A

Draw and Colour

Ridhi Sardliya, LKG A
Aruhi Bhagat, LKG A
Innaya Choudhary, LKG A
Kavya Thakur, LKG B
Aizah Sadaf, LKG B
Aayat Abdullah, LKG B
Aamyia Singh, UKG A
Veerangana Singh, UKG A
Reyanshi Sharma, UKG A

WINNERS

APRIL & MAY 2021

Poetry Recitation- ONLINE

Sophy Choudhary, I A
Aliviya Sharma, I A
Tushasni Singh, I A
Devaanshi Singh, I B
Kavya Mahajan, I B
Dakshee Gupta, II B
Jaspreet Kour, II A
Harnidh Kour, II A
Edha Sharma, II A
Myra, II B
Divya Lugun, III A
Gauri Sharma, III B
Aramya Pawar, III A
Shregini Singh, III B
Advika Choudhary, III A
Gania Goswami, IV A
Anahita Sharma, IV A
Agamyia Slathia, IV B
Naunidh Kour, IV B
Katayani Sharma, IV A
Insha Malik, V B
Ashvika Gupta, V A
Gursheen Kour, V A

Ridhi Chowdhary, V B
Devika Jasrotia, V A
Tavisha Mahajan, VI B
Harleen Kour, VI A
Sirjan Kour, VI
Shivangi Chambial, VI B
Khushi Khajuria, VI A
Niharika Bhushan, VIII B
Jaspreet Kour, VIII B
Vanshika Randhawa, VIII B
Mannat Angral, X A
Siya Mahajan, X B

Bookmark Competition

Advika Choudhary, III A
Girisha Sharma, III B
Simarpreet Kour, III B
Ashvik Jangral, III A
Harneet Kour, III B
Naunidh Kour, IV B
Prabgun Kour, IV B
Anahad Kour, IV B
Daksha Bagal, IV A
Ojasvi Gupta, IV A

IMPORTANT DAYS

Martyr's Day of Guru Arjun Dev Ji- JUNE 14

World Music Day- JUNE 21

Guru Hargobind Ji's Birthday- JUNE 25

Kabir Jayanti- JUNE 29

UPCOMING EVENTS

Summer Camp- JUNE 14 to JUNE 30

Teacher's Training- CBSE

World Music Day Celebrations- ONLINE

Teacher Retirement- Ms. Harpal Kour



@carmeljammu

www.carmeljammu.com