



CARMEL
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CARMEL SPECTRUM

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Dear Parents, Well-wishers and the Carmel Family,

As we bid a fond farewell to the old and eagerly embrace the dawn of a new year, I extend my heartfelt wishes to each of you. May the approaching year unfold with boundless opportunities, resounding success, and the fulfillment of your most cherished dreams. May each day be illuminated with positivity, kindness, and the unwavering strength to conquer any challenges that may come your way. May the spirit of Christmas light up your path, and as we step into the New Year, may it present itself as a canvas of endless possibilities. May you discover joy in the simplest pleasures and the future adorned with boundless love, good health, and prosperity. May your hearts be light, your days be bright, and your spirits soar to new heights. Here's to new beginnings, exciting adventures, and a year brimming with hope, resilience, and the creation of beautiful memories.

As we stand on the threshold of a new chapter, I want to express my deep gratitude to all parents and well-wishers for the support rendered throughout the past twelve months. This year has been a voyage of challenges and triumphs, and your dedication has served as an invaluable source of strength. Your steadfast commitment has not only made easy the path but has also enriched the Carmel Family with meaningful connections and shared accomplishments.

Looking forward to the coming year, may it bring forth fresh opportunities, substantial growth, and the fulfillment of aspirations. I extend warm wishes to you and your families for a joyous New Year filled with love, peace, and countless blessings.

Warm regards,
Maria Swati
Principal.

Musician's Day

On 23rd November Carmel Convent School celebrated Musician's Day with enthusiasm. Students participated in various activities such as singing, instrument playing, poster making, and autobiography writing competitions. The event showcased the healing power of music and its role in fostering creativity, confidence, and social development among students.



Constitution Day

On 26 November Constitution Day was celebrated in the School. The students and faculty came together to reflect on the significance of our Constitution. Students watched a documentary that paid homage to the framers of the Constitution while emphasizing the value of democratic ideals. The students were encouraged to understand their rights and responsibilities as citizens.



Child Rights Day.

The Girl Guides Club at Carmel Convent School organized a series of activities to celebrate Child Rights Day. Students from classes 1 to 10 participated in various competitions, including card making, poem writing, poster making, paragraph writing, and essay writing, with each group having a tailored competition topic. The event aimed to raise awareness of children's rights and empower students to understand their responsibilities.



Life Saving Techniques

On 1st December 2023, Carmel Convent Jammu organized a one-day awareness program on life-saving techniques by the civil defence personnel and the commissioner of Civil Defence Ms Anita Pawar. The objective was to teach students how to deal with immediate emergencies and their consequences.



World Aids Day

December 1st, Girl Guide Club united to raise awareness and promote HIV prevention through a theme based morning assembly. "Let Communities Lead". The essence of the day was to render a caring hand to those who suffer from this disease. Event included informative session and an apt skit



Rhyme Recitation

Through the Rhyme Competition, participants demonstrated their linguistic prowess and emphasised the value of creative expression in education, which helped them acquire confidence in their creative ability.



Unleashing Boundless Futures

Carmel Convent School Jammu held a Career Fair called "Unleashing Boundless Futures" on Nov 25, 2023, for students of classes 9-12. Renowned universities participated and students showed enthusiasm by asking thought-provoking questions. The event left an indelible mark on the students, showcasing the school's commitment to their development and catalyzing their bright futures.



On 4th of December a Workshop regarding Career Opportunities was organized in the school for 11th & 12th grade students. Mr Aakash Kumar was the resource person from **Parul University**. He focused on the topics regarding future career options. He spoke about finding the right career strengths and developing communication skills, confidence and stability.

An informative session was conducted by **TIME Institute of Management** for the students of grade 11 and 12 on 5th December wherein the focus was new-age career options and different entrance exams like CLAT, IPM and CUET. As the resource person shared some new fields in which students can enroll themselves, a new ray of hope arose among the students.

ISRO

On 30th Of November the students of Carmel Convent School visited ISRO .They got a chance to explore different types of laboratories and India's space program. ISRO scientists briefed them about ongoing projects, advancements, and plans for space exploration in India. The visit was educational and inspirational, sparking enthusiasm among students and encouraging them to consider careers in science and technology.

Field Trips



Balidan Stambh



The seventh-grade students of Carmel Convent School recently went on a field trip to Balidan Stambh and various religious sites. They followed all the procedures and showed respect while visiting the temple, Gurudwara, and Church. This experience helped the children understand different religions and fostered communal harmony and respect.

Community Outreach Program

We at Carmel, executed an extensive community outreach program, expanding its involvement to encompass various institutions such as Mother Teresa's Home for Mentally and Physically Challenged People in Sarwal, the Blind School in Roop Nagar Jammu, Ved Mandir Orphanage, Homes for the aged in Amphala, Special school at St. John's Mandal and a centre for abandoned women in Akhnoor. The aim was to create awareness among the students to bring about social change by addressing prevalent societal issues and fostering the development of stronger inclusive communities.



Canteen - A Fun Day



The canteen that was set up for Social Service Week was a huge success in reaching its goals. The event supported the organization's social service projects and promoted unity and collaboration among the students by offering a venue for culinary delights, community participation, and fundraising.

Christmastide

Prior to the Christmas celebrations, Carmelites of all age groups participated in a festive decorating competition. Their teamwork and creativity was beyond imagination for transforming classrooms and common areas into vibrant space.



Delicious Festive Feast



At Aureum Grand, a lavish Christmas lunch was planned. The culinary offerings catered to different tastes, ensuring a delightful experience for all attendees. The Secret Santa activity, which involved exchanging gifts, was one of the event's highlights. Various other entertainment activities were organized, including games. These activities contributed to the overall festive merriment.

Singing the glory of God:

The event featured a diverse selection of Christmas carols, showcasing the rich musical heritage associated with the festive season. Members of all age groups actively participated. The venue, adorned with festive decorations created a warm and inviting ambiance. Some performances incorporated narrative elements, telling the Christmas story through song and spoken word to enhance the overall festive experience.



Active Classrooms...Happier Times!!!



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